

# Helsinki Finland

## Your Way 2000



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Helsinki  
European City of Culture



The Olympic Stadium Tower offers a breathtaking view over the city and outlying archipelago.



Where city and nature meet.



Helsinki is a four season maritime city.

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# Helsinki

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## Helsinki in a nutshell

### Facts about Helsinki

Founded in 1550  
Capital of Finland since 1812  
Total area 686 km<sup>2</sup>  
Coastline 98 km  
Islands 315  
Population 547 000 (Greater Helsinki area approx. 1 mil.)  
Finnish-speakers 88.9 %  
Swedish-speakers 7.0 %  
Foreigners 4.0 %  
Hotels 99  
Restaurants 750  
Museums 70

**The City Tourist Office** on the north side of the Esplanade welcomes you to Helsinki. We provide brochures, maps and calendars of events covering Helsinki as well as the whole of Finland, or ask for up-to-the-minute tips and information about our capital.

The City Tourist Office's mobile guides – Helsinki Helpers – provide travel advice in the centre of town during the summer months. You will recognise them by their green outfits.

A TourExpert service desk is situated at the Helsinki City Tourist Office, offering sight-seeing trips and other interesting excursions in addition to guide services, hotel rooms, flight, train and bus tickets in Finland, tickets to events, cruises to Tallinn and Stockholm, and trips to St. Petersburg.

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Be one of those many that return time after time.

## Helsinki Your Way



Helsinki in summer is packed full of action...



... and the winter isn't bad either.

Our capital by the sea is a metropolis with human dimensions, offering lots to see and experience for family and tourist groups, as well as for individual travellers. Discover the Helsinki that's right for you!

Getting around Helsinki is easy: Just hop on a bus, tram, local train or the metro. Visitors can get their own, affordable travel passes for local transport and sights. But don't just enjoy Helsinki through a window; Helsinki is an ideal city to see on foot, as everything is within easy reach and the streets are safe.

Helsinki is one of Europe's Cities of Culture in 2000. This is no coincidence, as Helsinki's cultural offerings are known for their quality and exuberance. There is a lot to see here: architecture from different periods, parks, museums, galleries, boutiques and shopping centres. Helsinki lives around the clock, offering countless possibilities for fun as well as just passing the time. Choose your own itinerary from a host of theatres,

restaurants, clubs, sporting events, festivals and happenings. And don't forget our ever-popular attractions, the Linnanmäki Amusement Park, the Korkeasaari Zoo and historic Suomenlinna. Come visit Helsinki during our famous Festival Weeks, or how about spending an active sporting holiday in Helsinki? We offer incomparable outdoors and sporting possibilities in the city and its surroundings.

Helsinki lets you experience nature in a new way. You can enjoy the summer sun until late at night in Kai-vopuisto park, take long hikes on the ice in winter, celebrate the arrival of spring on May Day on Observatory Hill, or experience an autumn storm and view the migrating birds on the outer islands of the archipelago. Helsinki is a vibrant metropolis, but just as importantly, you can also find peace and quiet.

Helsinki is your city. Welcome!



Finlandia Hall is known worldwide for its high level meetings.

There is something about Helsinki that breaks the ice.



## Where East meets West – Helsinki's history

Sweden's King Gustav Vasa founded Helsinki in 1550 to compete for Baltic Sea trade with Tallinn, then the Hanseatic town of Reval. The city was actively built up throughout the 17<sup>th</sup> century, yet it remained a somewhat sleepy, wooden housing town for a long time.

Helsinki's real growth began in 1748, when the Swedish State decided to construct an enormous fortress off the coast to counter the growing threat from Russia. To complete and man this 'Gibraltar of the North', countless artisans, builders and other professionals were transferred to Helsinki, as were large numbers of soldiers. Many of these men were accompanied to Helsinki by their families. The construction of the Suomenlinna fortress thus sparked a period of economic growth for the city. The officer corps of Suomenlinna also brought with them the latest European ideas and cultural influences, which were reflected throughout Finland and which stimulated the development of the entire country.

Helsinki was promoted to capital city of the Grand Duchy of Finland in 1812. A new monumental centre in the Empire style was built in the heart of the city to reflect the power of Russia and the Tsar. Helsinki's population grew rapidly towards the end of the 19<sup>th</sup> century. The construction of the city during this period can still be seen today in several New Renaissance and National Romantic buildings.

The Senate Square is the centre of the entire nation.



Finland became independent in 1917, and Helsinki was given new challenges as capital of the young republic. The growth of the city continued during the early decades of the century, and entire new districts were built. The stylistic trends of this period were marked by Classicism and Functionalism.

By 1952 the capital had recovered sufficiently from the burdens of the Second World War to host the Summer Olympics, which helped create Helsinki's international reputation as a well-organised and welcoming host city. During Finland's years of industrialisation and urbanisation, Helsinki's population grew rapidly, and new suburbs were created to house the influx of people from the countryside. This influx reached its peak in the 1960s.

Since the 1970s, Helsinki has become known as a city where different ideas and worldviews can meet in the spirit of mutual and constructive understanding. The summit meetings of the leaders of the superpowers that were held in Helsinki, and Finland's presidency of the European Union in 1999 strengthened the city's position as host par excellence of international meetings.



Fin-de-siecle National Romanticism flowers in Eira.

It is fitting that Helsinki is a European City of Culture in 2000, as this year marks Helsinki's 450<sup>th</sup> anniversary. Today, Helsinki is a rapidly developing, international metropolis, one that throughout the centuries has managed to maintain a human face and a unique contact with its natural surroundings.

For more information, visit [www.hel.fi/450/historia.html](http://www.hel.fi/450/historia.html)

Hanging out in the Esplanade park was trendy a century ago.



## Suomenlinna – A jewel in the heart of Helsinki

Situated on a group of islands protecting Helsinki for 250 years, the Suomenlinna Fortress is the jewel of Helsinki: a pristine place of natural beauty amidst the clean sea air. The ferry-ride from the Market Square in the centre of the city takes just 15 minutes.

Suomenlinna's museums, multimedia presentation, galleries, restaurants, cafes, parks and beaches tempt you to stay for more than just a short visit, so why not spend an entire unforgettable day! Summer theatres, Christmas boutiques, the local draught beer and events of all kinds add to the islands' attractions. In summer there is even a special adventure outing for children, 'In Search of the Missing Crown'.

Suomenlinna has been selected to the UNESCO World Heritage list, which includes the world's most interesting and impressive examples of architecture, ancient culture, natural beauty and animal sanctuaries.

Museum and gallery opening hours are available from the Suomenlinna Travel Information Centre (tel. 09-684 1880) or from Suomenlinna's own website, [www.hel.fi/suomenlinna](http://www.hel.fi/suomenlinna).

**Suomenlinna Museum**  
**Ehrensärd Museum**  
**Toy and Puppet Museum**  
**The submarine 'Vesikko'**  
**The Coastal Artillery Museum**  
**The main hall**  
**The Customs Museum**  
**The Coastal Barracks Gallery**

Suomenlinna will take you back in time 250 years.







Safe within the fortress walls of Suomenlinna, you can enjoy theatre in the summer.

## Seurasaari takes you on a journey to the past

The Seurasaari Outdoor Museum offers an active way of acquainting yourself with traditional Finnish wood construction and our way of living close to nature. At the same time you can enjoy invigorating walks amid the clean natural surroundings of the verdant island. The buildings in the open air museum represent different periods and building methods, and have been relocated from different areas in Finland. They illustrate both the eastern and western influences of Finland's rural building traditions from the 18<sup>th</sup> to the 20<sup>th</sup> century. You can explore the insides of the buildings during the spring, summer and autumn. In the summer, Seurasaari hosts a number of outdoor events, such as performances of traditional folk songs and the unique Finnish Midsummer's celebrations, complete with bonfire. You can get there by bus no.24, which leaves from in front of the Swedish Theatre.

For more information, visit [www.nba.fi](http://www.nba.fi).



In summer you can visit traditional arts and crafts events in Seurasaari.



Take a spin at Linnanmäki, an amusement park for the whole family.

## Helsinki for the whole family



At Korkeasaari Zoo even the small ones enjoy themselves.



The Heureka Science Centre in Vantaa is a fun way of learning about science.

Helsinki is an excellent travel destination for the whole family. You can spend a truly active holiday or simply enjoy the peaceful atmosphere of this city by the sea with nature close at hand.

### Sights

**The Senate Square** and its surrounding buildings were designed by C. L. Engel. The buildings were built between 1818 and 1852. Alongside the square is the **Kiseleff bazaar**, where small boutiques are open throughout the year, even on Sundays.

**The Cable Factory**, Tallberginkatu 1 F. Exhibitions from the Museum of Theatre, the Hotel and Restaurant Museum and the Finnish Photography Museum. Arts and crafts stalls, art exhibitions, concerts and theatre performances, [www.kaapeli.fi/cablefactory](http://www.kaapeli.fi/cablefactory).

**Finlandia Hall**, Mannerheimintie 13 E, the noted concert and congress centre designed by Alvar Aalto, [www.finlandia.hel.fi](http://www.finlandia.hel.fi).

### And don't forget these:

**The Municipal Botanical Winter Garden**, Hammarskjöldintie 1

**The Olympic Stadium** and **Stadium Tower**, Paavo Nurmen kuja 1

**The Sibelius Monument**, Meckelininkatu 38

**The University Botanical Gardens**, Unioninkatu 44

**The Technical Museum**, Viikintie 1

**The Museum of Natural History**, Pohjoinen Rautatiekatu 13

### **Churches**

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**The Helsinki Cathedral**, Senate Square. Performances and concerts are held in the crypt.

**The Tempeliaukion 'Rock' Church**, Lutherinkatu 3. This church was quarried out of the bedrock.

**Uspenski Cathedral**, Kanavakatu 1. The largest Orthodox church in the Nordic countries.

### **For children**

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**The Korkeasaari Zoo**. Animals from the Arctic tundra to the Amazon rainforests. Open year-round. Ferry to the zoo from the Market Square and the Hakaniemi Market from May to September. Zoo bus number 11 from the Herttoniemi metro station. [www.hel.fi/zoo](http://www.hel.fi/zoo).

**Linnanmäki Amusement Park**, Tivolikuja 1. Every year new attractions are opened at Helsinki's amusement park. Old favourites include the roller-coaster and the Ferris wheel. Linnanmäki



Spend a winter's day on Kaivopuisto's slopes...



... or watch others wash their carpets along the Kaivopuisto shore.

also has a toy and game museum, and in the summer there is the Peacock theatre. [www.linnanmaki.fi](http://www.linnanmaki.fi).

**Heureka Science Centre**, Tiedepuisto 1, Vantaa. Only 15 minutes by local train from the city centre. [www.heureka.fi](http://www.heureka.fi).

**Serena Water Park**, Tornimäentie 10, Espoo. At Serena you can relish the joys of summer all year round. [www.serena.fi](http://www.serena.fi).

Helsinki's lush parks invite you to laze away the time.





The National Opera offers an array of interesting classic and modern opera and ballet programmes.

## Experience culture and the arts



An evening at the National Opera will sharpen your senses.



The festival weeks during August entice music lovers to places like the Huvila Tent on the banks of Töölö Bay.

Helsinki offers many diverse cultural events and a wide variety of entertainment alternatives. Whether you like the opera or the club scene, you are sure to find the entertainment you are looking for in Helsinki.

### **Theatre, opera, dance**

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**Finnish National Theatre**, Rautatientori

**Helsinki Municipal Theatre**, Eläintarhantie 5

**Svenska Teatern**, Pohjoisesplanadi 2, plays in Swedish.

**Finnish National Opera**, Helsinginkatu 58

For more information about other theatre offerings, including summer, dance and children's theatre, visit [www.teatteri.org](http://www.teatteri.org)

### **Concert halls:**

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**Finlandia Hall**, Mannerheimintie 13 E

**Hall of Culture**, Sturenkatu 4

**White Hall**, Aleksanterinkatu 16 - 18  
(concerts especially in winter)

**Sibelius Academy**, Pohjoinen Rautatiekatu 9

**Savoy-theatre**, Kasarmikatu 46-48

For more information about the City of Helsinki's other cultural centres, visit [www.kulttuuri.hel.fi](http://www.kulttuuri.hel.fi)

### **New in Helsinki**

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**Tennispalatsi**, Salomonkatu 15. A new entertainment centre in the heart of the city. Cinemas, the Museum of Culture, Exhibitions from the City Art Museum, boutiques, restaurants and cafes.

**Lasipalatsi**, Mannerheimintie 22 - 24. Film and media centre and Internet cafe, [www.lasipalatsi.fi](http://www.lasipalatsi.fi).

### **Ongoing events**

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More information available from the Helsinki City Tourist Office or [www.tapahtumat.net](http://www.tapahtumat.net)



Helsinki has over 50 cinemas where you can see your favourite screen heroes.

### **Tickets**

#### **Lippupalvelu**

Mannerheimintie 5, tel. 0600 100 20

(4,95 / min + local call charge) [www.lippupalvelu.fi](http://www.lippupalvelu.fi)

#### **Lippupiste**

tel. 0600 900 900 (5,30 / min + local call charge)

[www.lippupiste.com](http://www.lippupiste.com)

#### **Tiketti**

Forum 3<sup>rd</sup> floor, Yrjönkatu 29 C, tel. 0600 1 1616

(3,95 / min + local call charge)

#### **TourExpert**

Pohjoisesplanadi 19, tel. 0600 02288

(4,50 / min + local call charge) [www.helsinkiexpert.fi](http://www.helsinkiexpert.fi)

Spend a relaxing Sunday afternoon at one of Kaivopuisto's summer concerts.



## Useful Helsinki Information

### Hotels

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Reservations, **Hotel Centre, HelsinkiExpert**, Rautatieasema, tel. (09) 2288 1400, fax (09) 2288 1499, e-mail: hotel@helsinkiexpert.fi.

### Emergency telephone numbers:

General emergency number 112, police 10022, ambulance 112, fire brigade 112.

### Lost and found office

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**Police station**, Päijänteentie 12 A, tel. (09) 189 3180.

### Medical help

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First-aid station, **Töölö Hospital**, Töölönkatu 40. Medical services advice and on-call physician, tel. 10023. 24-hour pharmacy **Yliopiston Apteekki** (University Pharmacy), Mannerheimintie 96. The following central medical centres are among those that can receive patients without reservations: **Forum in lääkäriasema** (Forum Medical Centre), Mannerheimintie 20 B, 4<sup>th</sup> floor, **Lääkärikeskus Mehiläinen** (Medical Centre Mehiläinen), Runeberginkatu 47 A.

### Post

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**Helsinki Central Post Office**, Mannerheiminaukio 1.

### Weather

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Weather in Helsinki centre, tel. (09) 100 66

### Taxis

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**Helsinki Taxi**, tel. (09) 700 700, **Local Taxi**, tel. (09) 700 300,

Relax in a peaceful and safe city.



**Airport Taxi**, tel. (09) 700 800 and  
**Yellow Line**, tel. (09) 106 464.

### **Helsinki Card**

The Helsinki Card is a bonus card for travellers, offering unlimited travel on Helsinki's public transportation, almost 80% off sightseeing tours, free guided walking tours, free admittance to museums and other sights of interest, special discounts for restaurants, theatres, the opera and concerts, and surprise gifts from department stores. The Helsinki Card is available for one, two or three days. The Helsinki Card is available from the Helsinki City Tourist Office, the Hotel Centre, the Stockmann Department Store, the larger R-kiosks in the centre of Helsinki as well as from hotels.



Helsinki Helpers with their green outfits are ready to help you in the summer.

### **Travel advice**

#### **Helsinki City Tourist Office**

*Pohjoisesplanadi 19, 00100 Helsinki*  
*tel. (09) 169 3757, fax (09) 169 3839*  
*e-mail: tourist.info@hel.fi www.hel.fi/tourism*

#### **Espoo Travel and Congress Office**

*Itätuulenkuja 11, 02100 Espoo*  
*tel. (09) 8164 7230, fax (09) 8164 7238*  
*e-mail: tourist@espoo.fi, www.espoo.fi*

#### **Vantaa City Tourist Office**

*Ratatie 7, 01300 Vantaa*  
*tel. (09) 8392 3134, fax (09) 8392 2371*  
*www.vantaa.fi*

### **Travel advice for the whole of Finland**

#### **Finnish Tourist Board, Travel Advice**

*Eteläesplanadi 4, tel. (09) 4176 9300*  
*fax (09) 4176 9301 www.mek.fi*

It's easy to surf the Internet in Helsinki; check out the Crystal Palace, for example.







# Map of Helsinki Centre

## How to find your way around Helsinki



1. Helsinki City Tourist Office
2. Centre for the Promotion of Travel
3. Western Terminal
4. Olympia Terminal
5. Katajanokka Terminal
6. Canal Terminal
7. Suomenlinna Fortress
8. Design Museum
9. Old Market Hall
10. Market Square
11. Uspenski Cathedral
12. City Hall
13. City Museum
14. Senate Square
15. University
16. Foreign Art Museum, Sinebrychoff
17. Lasipalatsi (Crystal Palace)
18. Ateneum Art Gallery
19. National Theatre
20. Central Railway Station
21. Airline Reservations Office
22. Kiasma, Museum of Contemporary Art
23. Central Bus Station
24. Tennis Palace
25. Tempeliaukio 'Rock' church
26. National Museum
27. Hakasalmi Summer House
28. Finlandia Hall
29. Hakaniemi Market and Hall
30. Municipal Theatre
31. National Opera
32. Sibelius monument
33. Olympic Stadium
34. Linnanmäki Amusement Park
35. Ice Hockey Arena
36. 'Makasiini' Terminal
37. Presidential Palace
38. Post Office Museum
39. Museum of Natural History
40. Tram Museum
41. White Hall
42. Savoy Theatre
43. Swedish Theatre
44. Parliament House
45. Western Harbour/ ferries to Tallinn
46. Art Hall
47. Töölönlahti Sports Centre
48. Winter Gardens
49. University Botanical Gardens
50. Töölö Sports Grounds



- Sightseeing buses
- Boats



Seriously speaking, getting around Helsinki is child's play.

## It's easy to get about in Helsinki

Helsinki is a city of easy connections. Helsinki's public transportation services are excellent, but if you really want to enjoy your vacation, then walk. Here, everything is close at hand.



Helsinki's Central Railway Station is the focal point for many travellers.



In the summer you can cruise the magnificent archipelago in a sailing ship.

### Public transport

Helsinki's buses, trams, local trains and the metro all have the same fare. A travel rover ticket ('seutulippu') allows you to travel anywhere in the Helsinki region, including also Espoo, Vantaa and Kauniainen.

### Traveller ticket and travel rover ticket

A traveller or travel rover ticket can be bought for 1, 3 or 5 days. The normal traveller ticket is valid for all travel within Helsinki including local trains. The travel rover ticket is valid also for Espoo, Vantaa and Kauniainen.

Single tickets can be bought from the driver, from automatic machines in metro stations, and from kiosks showing the symbol HKL. Multiple tickets, traveller tickets and travel rover tickets can be bought from the HKL office on the

upper floor of the Central Railway Station. The HKL office also supplies transportation maps and brochures for the 3T tram route, which passes many of the cities most important sights.

Timetables: [www.hel.fi/hkl](http://www.hel.fi/hkl)

For more information about transportation, call (09) 0100 111.

### **Service numbers for public transportation**

Central Bus Station. Matkahuolto Oy, timetables tel. 9600-4000.

#### **Trains**

VR, timetables, tel. (09) 707 5700

#### **Flights**

Information tel. 9600-8100, Finnair office, Asema-aukio 3, tel. 818 7750, ticket reservations tel. (09) 818 800.

Ticket sales also from TourExpert sales points, Pohjoisesplanadi 19, tel. 0600 02288 (4,50/min + local call charge).

#### **Ferries**

Finnjet-Silja Line, Mannerheimintie 2, reservations tel. 9800-74552.

Viking Line, Mannerheimintie 14, tel. (09) 123 577.

Tallink, Erottaja 19, tel. (09) 2282 1211.



Helsinki's a great place to hop on a cruise to Stockholm or Tallinn.

Nordic Jetline, Canal Terminal K 5, tel. (09) 681 770

Eckerö Line, Keskuskatu 1, tel. (09) 2288 544

Linda Line, 'Makasiini' Terminal, tel. (09) 668 9700

### **Timetables**

#### **Flights**

[www.finnair.fi](http://www.finnair.fi)

[www.sas.fi](http://www.sas.fi)

#### **Inter-city busses**

[www.matkahuolto.fi](http://www.matkahuolto.fi)

#### **Trains**

[www.vr.fi](http://www.vr.fi)

#### **Ferries**

[www.silja.fi](http://www.silja.fi)

[www.vikingline.fi](http://www.vikingline.fi)

[www.tallink.fi](http://www.tallink.fi)

[www.njl.fi](http://www.njl.fi)

[www.eckeroline.fi](http://www.eckeroline.fi)

[www.lindaline.fi](http://www.lindaline.fi)

In Helsinki, even the tram rides are fun.



## A taste of Helsinki's architecture

Helsinki's architecture is exemplified by the subtlety and modesty that is typical of the Nordic countries. The changing seasons and light is part of our city's identity. Our many parks and the sea also have a charming effect on urban Helsinki.

The centre of Helsinki, particularly around the Senate Square, is a unique example of Neo-Classicism. The area is dominated by three buildings designed by J. L. Engel between the years 1822 and 1852: The Cathedral, the Ministerial Palace and the University. One of the jewels of Engel's creations is the University Library, situated next to the Cathedral. Helsinki's oldest stone building, the Sederholm House (S. Berner, 1757) is located on the south-east corner of the Senate Square.

There are many fine buildings in the heart of Helsinki, such as the fully restored House of Nobility (Gustaf Nyström 1890). The Ateneum National Art Gallery (1883) is itself a fine example of a building designed by Theodor Höijer, the leader of the Neo-Classical movement in Helsinki.

Eastern influences can be seen in Europe's largest Orthodox church, the Uspenski Cathedral (Aleksander M. Gornostajev, 1868).



The historic monumental centre is a unique example of Neo-Classicism.

The Esplanade exemplifies the Neo-Renaissance period of the late 1800s.

The Jugend movement was interpreted in Finland according to National Romanticism. There are many fine examples of the Jugend style in Helsinki, such as the Kallio Church, designed by Lars Sonck, and the National Museum (1910), designed by the famous architectural threesome Gesellius-Lindgren-Saarinen. The later period of National Romanticism is represented by Eliel Saarinen's Central Railway Station (1914). The fine architectural districts of Eira and Katajanokka are best appreciated when visited on foot.

The Nordic Classicism of the 1920s is represented by the Parliament Building (J.S. Siren, 1931) and the wooden building district of Käpylä.

The Olympic Stadium (1940) and the Crystal Palace 'Lasipalatsi' (1935), which was brilliantly restored to its original form in 1998, are bold examples of the Functionalist school.

The works of world-famous Finnish architect Alvar Aalto represent Modernism at its finest. Examples in Helsinki include the Academic Bookstore (1969) and Finlandia Hall (1975). Other handsome examples of Modernism are the Palace Hotel (1952), the Helsinki Municipal Theatre (1967) and the Tempeliaukio 'rock' church (1969).



Marvel at the impressive monument to National Romanticism: The National Theatre alongside the Central Railway Station Square.

More information about Helsinki's architectural sights, monuments and parks can be found in the brochure 'Walking in the City' and from the websites of the Helsinki City Museum, [www.hel.fi/kaumuseo](http://www.hel.fi/kaumuseo) and the Helsinki City Tourist Office, [www.hel.fi/tourism](http://www.hel.fi/tourism).

## Interesting tram routes and buildings

### Eira

*trams 3B and 3T*

### Käpylä

*tram 1*

### Senate Square

*trams 3B, 3T and 4*

### Ruoholahti

*Cable Factory, tram 8*

New and old co-exist in Helsinki.



## Let history speak

Helsinki has museums for every taste. More information about the more than 70 museums in the Helsinki region is available from the Helsinki City Tourist Office and from the Helsinki Area Museums brochure.

**Helsinki City Museum**, Sofiakatu 4. The permanent exhibition tells of Helsinki's growth from village to city.

**Museum of Natural History**, Pohjoinen Rautatiekatu 13. Stuffed animals, skeletons and fossils as well as displays of animals in their natural habitats.

**Mannerheim Museum**, Kallioliinantie 14. The Helsinki home of the Marshall of Finland. C. G. E. Mannerheimin between the years 1924 and 1951.

**War Museum**, Maurinkatu 1. Weapons, uniforms and art collections.

**Finnish National Museum**, Mannerheimintie 34. The museum will re-open following restoration in mid-June 2000.

**Finnish Building Museum**, Kasarmikatu 24. Exhibitions, picture archive and library.



A timeless smile on the lips of a Medieval Madonna.

Small is beautiful in Helsinki. The Toy and Puppet Museum in Suomenlinna.

**Finnish Sports Museum**, Olympic Stadium. Memorabilia and photographs of Finland's sporting history.

**Design Museum**, Korkeavuorenkatu 23. Permanent and visiting exhibitions.

**Urho Kekkonen Museum**, Seura-saarentie 15. The museum is decorated according to the period of Urho Kekkonen's presidency.

**Air-raid Shelter Museum**, Siltavuorenranta 16 B. Exhibition of artifacts, photographs and sound effects of a war-time air-raid shelter.

**Helsinki City Museum**

*Sofiankatu 4 [www.hel.fi/kaumuseo](http://www.hel.fi/kaumuseo)*

**Street Museum**

*Sofiankatu*

**Hakasalmi Villa**

*Karamzininkatu 2*

**Tram Museum**

*Töölönkatu 51 A*

**Fire Brigade House**

*Kristianinkatu 12*

**Sederholm House**

*Aleksanterinkatu 16-18*

**Tuomarinkylä Museum and Children's Museum**

*Tuomarinkylä Manor*

**Worker's Housing Museum**

*Kirstinkuja 4*

**School Museum**

*Kalevankatu 39-43 (opens 8.4.2000)*

**Air-raid Shelter Museum**

*Siltavuorenkatu 16 B*

**Other museums**

**Museum of Cultures**

*Tennis Palace, Salomonkatu 15 [www.nba.fi](http://www.nba.fi)*

**Finnish National Museum**

*Mannerheimintie 34 [www.nba.fi](http://www.nba.fi)*

**Suomenlinna Sea Fortress**

*[www.hel.fi/suomenlinna](http://www.hel.fi/suomenlinna)*

**Museum of Natural History**

*Pohjoinen Rautatiekatu 13*

*[www.fmn.helsinki.fi/eng](http://www.fmn.helsinki.fi/eng)*

**Finnish Sports Museum**

*Olympic Stadium [www.stadion.fi](http://www.stadion.fi)*

**Technical Museum**

*Vikinkitie 1*

Get to know Finnish history from the Stone Age to the present at the National Museum.



## Shops are at your service

**Main shopping streets:** Mannerheimintie, Aleksanterinkatu, North and South Esplanade and the Iso-Roobert pedestrian street. Fredrikinkatu is known for its small boutiques.

**Special shops:** Antique shops are traditionally located along the Boulevard and Rauhankatu and their vicinities.

### Markets and halls

Market Square, evening market in summer. Next to the Market Square is the Old Market Hall. Hakaniemi Market and hall. Hietalahti flea market, evening flea market in summer.

### Special events

Every year on the 12<sup>th</sup> of June there is a special market in the park along the Esplanade. Also in June, the Senate Square hosts stalls from Finland's different provinces. The Market Square in turn hosts the traditional herring market from the first Sunday in October to the following Saturday. Hakaniemi Market has a special market on the first Sunday of each month except July. The Esplanade park also hosts a Christmas market.



Rediscover the timeless classics of design.

Helsinki's traditional shopping avenue Aleksanterinkatu at Christmas time.





## For the connoisseur

Helsinki's over 700 restaurants are a true cornucopia for the connoisseur, with a selection of high-quality gourmet restaurants as well as spicy specialty restaurants serving eastern and southern dishes. terrace restaurants and cafes are found on virtually every city block. As a true seaside city, delicious fish dishes can be found on nearly every menu. Also popular are hearty brunches and theme weeks. The Helsinki City Tourist Office can provide more tips. For information about night-club offerings, check out the local papers.



Eat healthy. Clean and fresh natural products from the Market Square.

### Shopping centres

- Forum** Mannerheimintie 20
- Itäkeskus (East Centre)** 13 min. by metro, the largest shopping centre in the Nordic countries.
- Kaisa** Kaisaniemenkatu 5
- Kluuvi** Aleksanterinkatu 9
- The Kiseleff Bazaar** Aleksanterinkatu 28
- Kämp Gallery** Pohjoisesplanadi 33

### Department stores

- Aleksi 13** Aleksanterinkatu 13
- Sokos** Mannerheimintie 9
- Stockmann** Aleksanterinkatu 52

### Bookstores

- Academic Bookstore** Pohjoisesplanadi 39
- Suomalainen kirjakauppa (Finnish Bookstore)** Aleksanterinkatu 23
- University Bookstore** Vuorikatu 5

Helsinki offers street cafes for every taste.





Ice hockey is a favourite pastime for Helsinki's armchair athletes...

## Helsinki for the sportsminded

Helsinki offers the traveller possibilities to golf, bowl, play squash and tennis, ski, fish, hike and swim. The Central Park is an ideal location to exercise both in winter and in summer. You can also take in sporting events at the following sports arenas.



... but that doesn't stop you from enjoying the ice in calmer surroundings.



How about topping your vacation off with the Helsinki City Marathon or one of the many other sporting events?

**Hartwall Arena**, Areenakuja 1, ice hockey and special events

**LänsiAuto Arena**, Urheilupuistotie 3, Espoo

**Helsinki Ice-hockey Arena**, Nordenskjöldinkatu 11-13

**Olympic Stadium**

**Rowing Stadium**, Merikannontie

**Töölö Sportshall**, Paavo Nurmenkuja 1 C

**Suomen Latu** (Finnish ski track) and **Töölönlahti outdoor sports centre** on Mäntymäentie. One can also rent skis and in the summer dance and enjoy a variety of activities.

## Swimming

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**Swimming Stadium**, Hammar-  
skjöldintie

**Kumpula**, Allastie

## Swimming halls

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**Itäkeskus Swimming Hall**, Olavin-  
linnankatu 6

**Yrjönkatu Swimming Hall**, Yrjön-  
katu 21

**Mäkelänrinne Swimming Centre**,  
Mäkelänkatu 49

**Pirkkola Swimming Hall**, Pirk-  
kolan liikuntapuisto

**Sports Hall**, Helsinginkatu 25

**Töölö Sports Hall**, Topeliuksenkatu  
41 A

Helsinki has many supervised swim-  
ming beaches, such as Hietalahti and  
the island of Pihlajasaari. You can get  
to Pihlajasaari by taking the boat from  
the end of Laivurinkatu or from Ruo-  
holahti.



Maritime beaches and islands. An ex-  
perience you won't forget.

## Public saunas

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**Kotiharju sauna**

**Rastila camping ground**

**Oulunkylä sports park**

**Uunisaari**

**Sauna Club**

**Vasikkasaari**

**Vaskiniemi**

**Hotels**

**Swimming halls**

## Information

[www.tapahtumat.fi](http://www.tapahtumat.fi)

[www.hel.fi/liv](http://www.hel.fi/liv)

[www.stadion.fi](http://www.stadion.fi)

[www.hartwall-arena.com](http://www.hartwall-arena.com)

[www.suomenlatu.fi](http://www.suomenlatu.fi)

Everything is nearby in Helsinki – even the wilderness



## Treats for the eyes and for the soul

For connoisseurs of art, Helsinki is worth exploring. The Helsinki City Tourist Office can provide details about the large selection of galleries and exhibitions.

### Art museums

**Amos Anderson Art Museum**, Yrjönkatu 27. The collection includes 20<sup>th</sup> century Finnish art, also special exhibitions.

**Helsinki City Art Museum**, Tamminiementie 6. 20<sup>th</sup> century Finnish art. Get there by bus no.24 leaving from the Swedish Theatre.

**Design Museum**, Korkeavuorenkatu 23. Exhibitions of industrial art and design.

**Kiasma Museum of Contemporary Art**, Mannerheiminaukio 2. Collections and special exhibitions of contemporary art, photography, media art and paintings. The Kiasma Theatre offers music, films, multimedia presentations, discussion forums and seminars.

**The Finnish National Art Gallery - Ateneum**, Kaivokatu 2. Finnish art from the beginning of the 17<sup>th</sup> century, modern art from abroad.

**Foreign Art Museum Sinebrychoff**, Bulevardi 40. Old foreign art.



The golden age of Finnish art is prominently on display.

## Exhibitions

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**Design Forum Finland**, Fabianinkatu 10. Moving in February 2000 to the Sanomatalo (Press House) building, Mannerheiminaukio 3. Exhibitions of industrial design.

**Helsinki Fair Centre**, Messuaukio 1. Annual public fairs, including international travel, boating, design, fashion, sports and skiing fairs as well as dog shows, gardening shows and the Helsinki Horse Show.

**Helsinki Art Hall**, Nervanderinkatu 3. The programme includes performances of Finnish modern art.

**Helsinki Information Jugendsali**, Pohjoisesplanadi 19. Info-centre for the public. Exhibitions about Helsinki.

**Wanha Satama**, Pikku Satamakatu 3-5. Exhibitions and fairs.

## Galleries

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There are countless galleries in the vicinity of the Old Church, Fredrikinkatu and Kalevankatu.



Discover the greats of our national art at the Ateneum Art Gallery.

## Links

**Helsinki City Art Museum**

[www.hel.fi/artmuseum](http://www.hel.fi/artmuseum)

**Design Museum**

[www.designmuseum.fi](http://www.designmuseum.fi)

**Kiasma Museum of Contemporary Art**

[www.kiasma.fi](http://www.kiasma.fi)

**Finnish National Art Museum Ateneum**

[www.fng.fi](http://www.fng.fi)

**Foreign Art Museum Sinebrychoff**

[www.fng.fi](http://www.fng.fi)

**Design Forum Finland**

[www.finnishdesign.fi](http://www.finnishdesign.fi)

**Hackman Arabia Factory and Museum**

[www.arabia.fi](http://www.arabia.fi)

Find out what's happening in design at Design Forum Finland.



## It's easy to get to know Helsinki

Guided tours are a fun way of seeing the sights and getting to know something of the history of Helsinki and its surroundings.

### Sightseeing tours

**City tour** (1.5 h) year-round given in many languages. Several departures daily in the summer. The route includes the most popular tourist attractions. Departures from Fabiankatu alongside the Esplanade Park and from the Viking terminal at Katajanokka as well as from the Olympic ferry terminal. Enquiries: HelsinkiExpert, tel. (09) 2288 1222.

**Tram 3 T.** The entire loop takes around one hour. A brochure with information about the sights along the route is available from the Helsinki City Tourist Office or from the HKL office (see also page 21, interesting tram routes).

**Spårakoff tram tour.** Tour Helsinki whilst enjoying a cold beer in this red, brewery-sponsored tram. To reserve the tram for special events, call (09) 6840 740. Departs from the Fennia House alongside the Central Railway Station and from the statue of Havis Amanda in the Market Square.



The Parliament House lit at night is an impressive sight.

At the Temppeliaukio 'Rock' Church you can also enjoy high-quality concerts.

### **Half-day outings**

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Mid-June to the end of August. Visit the studio of architects Gesellius, Lindgren and Saarinen in Hvitträsk as well as Jean Sibelius' home in Ainola. Excursions to Old Porvoo and the foundry village of Fiskars, as well as nature treks around Nuuksio. Reservations and information: Helsinki Expert, tel. (09) 2288 1222.

### **Guided walking tours**

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End of June to the end of August. Visit the Hietaniemi Cemetery, the historic Empire centre, the Kaivopuisto park and the Katajanokka area. Reservations and information: Helsinki Expert, tel. (09) 2288 1222.

Arch-Tours, architectural tours, tel. (09) 794 232, [www.archtours.fi](http://www.archtours.fi)

### **Sightseeing by water**

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During the summer months, boat tours leave from the Market Square every hour starting at 10 in the morning. Tours last between 1.5 and 2 hours. Also day-tours to Porvoo and Inkoo.



Religious services at the golden-hewn Uspenski Cathedral are a unique experience.

## **Information**

### **Coach tours**

#### **Helsinki Expert**

tel. (09) 2288 1222

[www.helsinkiexpert.fi](http://www.helsinkiexpert.fi)

### **Boat tours**

#### **Iha-Lines**

tel. (09) 879 5343

[www.ihalines.fi](http://www.ihalines.fi)

#### **Royal Line**

tel. (09) 170 488, in summer tel. (09) 652 088

[www.royalline.fi](http://www.royalline.fi)

#### **Sun Lines**

tel. (09) 7555 488, in summer tel. (09) 663 605

[www.sunlines.fi](http://www.sunlines.fi)

#### **m/s J. L. Runeberg**

Wittenberginkatu 12, Porvoo, tel. (019) 524 3331

[www.msjruneberg.fi](http://www.msjruneberg.fi)

Come to Helsinki, and Helsinki will stay with you for ever.





# Helsinki

## Helsinki City Tourist Office

Pohjoisesplanadi 19, 00100 Helsinki

tel. +358 9 169 3757, fax +358 9 169 3839

[www.hel.fi/tourism](http://www.hel.fi/tourism)

[tourist.info@hel.fi](mailto:tourist.info@hel.fi)

**Tour Expert**, Pohjoisesplanadi 19, tel. 0600 02288 (4.50 / min + local call charge) [www.helsinkiexpert.fi](http://www.helsinkiexpert.fi)

### Open

**1.10.-30.4.** mon-fri 9-17, sat 9-15,

**2.5.-30.9.** mon-fri 9-19, sat-sun 9-15

### Other brochures:

What Where When – information for organisers of tour groups

Museums in the Helsinki Area

See Helsinki on foot

Helsinki City Tourist Map

Suomenlinna

Helsinki – the Congress City

